



**NATIONAL ASSOCIATION OF
INDIAN NURSES OF
AMERICA (NAINA)**

**2017 Clinical Excellence
Conference
December 2, 2017**

*Theme: "Advancing Health through Excellence in
Clinical Practice"*



Hosted by:
Indian American Nurses
Association of
Greater Houston



**7 CEUs
provided**

VENUE: HOLIDAY INN

**11160 Southwest Freeway,
Houston, TX 77031**

281-530-1400

NAINA 2017 - Clinical Excellence Conference

CONFERENCE OVERVIEW AND TARGET AUDIENCE

This conference is designed for registered nurses, advanced practice nurses, physician assistants, respiratory therapist, nurse educators, nurse executives, nursing faculty and nursing students. The conference will focus on important practical and clinical issues faced daily by health care professionals. A unique educational design that combines presentation of recent practice guidelines that will be delivered through didactic lectures and dedicated discussions which will contribute to an academically sound and relevant review of topics.

The lectures will be provided by experts in their field. The faculty consist of registered nurses, pharmacist, nurse practitioners and physicians in active practice. Additionally, participants will be presenting their original research / process improvement projects as part of the poster competition. This will give the participants the opportunity to share their work for the attendees to gain insight into the clinical excellence projects undertaken by participants at their own institution of practice.

The posters will be on display in the foyer outside of the main conference room throughout the conference. Awards will be given to the participants with the highest ranked poster.

LEARNING OBJECTIVES

Upon completion of the activity, participants should be able to:

- Discuss strategies to establish excellence in independent practice.
- Elaborate the Institute of Healthcare Improvement (IHI), Triple Aim components.
- Discuss the role of inter-disciplinary collaboration to improve care and reduce 30 day hospital readmissions.
- Describe AHA/ASA 2016 recommendations and practice guidelines for management of stroke patients.
- Describe current and future therapeutic options for valvular heart disease.
- Discuss optimal use of implantable Cardioverter defibrillators for eligible patients, eliminating gender and racial disparities.
- Discuss recent guidelines in management of workplace exposure to blood borne pathogens.
- Discuss treatment updates for upper gastrointestinal disorders.
- Discuss disaster management and impact of Hurricane Harvey on health related issues.

CONTACT HOURS

This activity has been submitted for **7 contact hours** to the University of Texas Southwestern University Hospital. UT Southwestern University Hospitals is an approved provider of continuing nursing education by the Texas Nurses Association- Approver, an accredited approver by the American Nurses credentialing Center's Commission on Accreditation.

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PROGRAM AGENDA Saturday, December 2, 2017

- 07:00 AM Breakfast and registration
- 08:00 AM **Welcome & Conference overview**
Accamma Kallel, MSN, APRN, APN-C, CCRN
Conference Planning APN Committee , Chair (Houston)
Lydia Albuquerque, MSN, RN, ACNP-BC, CCRN
Conference Planning APN Committee , Chair (NAINA)
- 08:15 AM **Pathways towards excellence in independent practice**
Melissa Herpel, MSN, APRN, FNP-BC– **Key note speaker**
- 09:15AM **What’s new, what’s next? Reducing 30 day hospital re-admissions**
Lydia Albuquerque, MSN, RN, ACNP-BC, CCRN
- 10:00 AM **Break/Poster Exhibits**
- 10:15 AM **Upper GI disorders: Treatment and updates**
Simi Jesto, DNP, APN, NP-C
- 11:00 AM **Percutaneous heart valve, from bench to clinical use**
David Paniagua, MD
- 11:45AM **Pharmacological updates**
Stephen Cherukara, RPh, MS
- 12:30 PM **Lunch**
- 1: 00 PM **Updates in cardiac electrophysiology, S-ICD, WATCHMAN and Leadless pacemaker**
Hamid Afshar -Kharaghan, MD
- 1:45 PM **Stroke facts and Clinical updates**
Molly Jacob, MSN, APRN, APN-BC, CCRN
- 2:30PM **Management of workplace exposure to blood borne pathogens**
Solymole Kuruvilla, PhD, RN, ANP, ACNP-BC
- 3: 15 PM Break/ Poster
- 3: 30 PM **Advancing Excellence in Women’s Health as a Women’s Health Nurse Practitioner: A Personal Journey**
Jackie L. Michael PhD, APRN, WHNP-BC
- 4: 15 PM **Disaster management 101 : Life after Hurricane Harvey**
Julie Thomas DNP, RN, FNP-C
- 5: 00 PM **Closing remarks/ CEU certificates**
Virginia Alphonso, MSN, RN

NAINA - 2017 CLINICAL EXCELLENCE CONFERENCE

NAINA Executive Board

Jackie I. Michael, PhD, APRN, WHNP-BC-**President**
Agnes Therady, RN, MSN, MBA, FACHE-**Executive VP**
Nancy Dias, PhD, RN, CNE—**Vice President**
Letha Joseph, DNP, APRN, AGPCNP-BC- **Secretary**
Pauline j. Alookaran, BSc, MSc (A) - **Treasurer**

Conference Planning Committee

Nurse Planners

Lydia Albuquerque, MSN, RN, ACNP-BC, CCRN
Accamma Kallel, MSN, APRN, APN-C, CCRN
Omana Simon, DNP, RN, FNP-C
Solymole Kuruvilla, PhD, RN, ANP, ACNP-BC
Renee John, MSN, RN, OCN, CMSRN

NAINA Planning committee

Jackie L. Michael PhD, APRN, WHNP-BC
Agnes Thready, MSN, RN, MBA, FACHE
Letha Joseph, DNP, APRN, AGPCNP-BC
Pauline Alookaran, MSN, RN

Houston Planning Committee

Aley Samuel, MSN, RN
Claramma Mathews, RN
Cissimol Joseph, MSN, AGNP, OCN
Jessy Philip, DNP, RN
Virginia Alphonso, MSN, RN
Nitha Mathew Joseph, PhD, RN

NAINA APN Forum Chapter representatives

Jessy Abraham, MSN, APRN, FNP-BC- **Tampa, FL**
Simi Jesto, DNP, APN, NP-C- **Chicago, IL**
Mahesh Pillai, MSN, NP-C- **Dallas, TX**
Surya Chacko, MSN, FNP, NP-C **MD**
Mini Therian, BSN, RN- **Albany, NY**
Rachel Koshy, DNP, ANP-C - **NJ**
Anna George, PhD, APRN, FNP-C - **NY**
Liji Seilas, MSN, ARNP- **OK**
Achamma Abraham-, MSN, FNP-C, WCC- **NC**
Deepthy Varghese, MSN, FNP, NP-C -**GA**

Conference Registration Details

The registration form can be downloaded from www.nainausa.com. **Registration Fee \$35.00 for all attendees.** Pre-payment is required to be officially registered. **Please mail the completed registration form** an check in the amount of \$35.00 made payable to **NAINA to:**

**CLARAMMA MATHEWS,
11303 BUCKSBRIDGE LANE,
SUGARLAND, TX77498.**

Please Note: We are unable to accept faxed registration forms. Walk-in registrants must bring payment to the conference. Only cash will be accepted at the door. Questions? Contact us at:
Accamma Kallel: accammakallel@gmail.com or
Lydia A: lydia170461@yahoo.com

Cancellation and Refund Policy

In order to process refunds for the conference withdrawals, cancellations must be received in writing by **November 15th, 2017** (subject to service charge of 10% of the registration fee). No refunds will be issued after **November 30th, 2017**.

Hotel Accommodation

A block of rooms has been reserved at:

**The Holiday Inn,
1160 South West FWY,
Houston, TX 77301.**

**Option 1. Call: 281-885-9183 or
Email : clara.mathews51@gmail.com**
Identify yourself as a **NAINA Conference 2017** participant. This room rate of \$59.00/room for single or double occupancy) is available till **October 31st or until the block is full. Make Check payable to NAINA and mail to:**

**CLARAMMA MATHEWS
11303 BUCKSBRIDGE LANE,
SUGARLAND, TX77498.**

**Option 2: Call the hotel directly at
281-530-1400. You will pay the existing market rate for the hotel. **Parking is free.****

Conference Speakers

Melissa Herpel, MSN, APRN, FNP-BC - Key note speaker
CEO/Lead Nurse Practitioner, Express Family Clinic

Simi Jesto, DNP, APN, NP-C
Director of Research & Clinical Service, GI solutions, Chicago, IL
Adjunct faculty, College of Nursing, Benedictine University, Chicago

David Paniagua, MD
Assistant Professor, Baylor College of Medicine, Houston, TX
Attending, Michael E Debakey VA Medical Center, Houston, TX

Stephen Cherukara, RPh, MS
In patient Pharmacy Supervisor, Ben Taub General Hospital, Harris Health system, Houston, TX

Hamid Afshar -Kharaghan, MD
Associate Professor, Baylor College of Medicine and Electrophysiology, Houston, TX
Attending, Michael E Debakey VA Medical Center, Houston, TX

Molly Jacob, MSN, APRN, ANP-C, CCRN
Advance Practice Nurse/ Stroke Coordinator, University Hospital, Newark, NJ

Solymole Kuruvilla, PhD, RN, ANP, ACNP-BC
Director, Occupational Health Service, NYC Health +Hospitals/ Jacobi & North Central Bronx, Bronx, NY

Jackie L. Michael PhD, APRN, WHNP-BC
Clinical Assistant Professor. The University of Texas at Arlington, College of Nursing and Health innovation, Arlington, TX

Julie Thomas DNP, RN, FNP-C
Family Nurse Practitioner, Harris County, Public health, Houston, TX

Conference Planning Committee Chairs

Lydia Albuquerque, MSN, RN, ACNP-BC, CCRN (NAINA)
Advance Practice Nurse, Division of Cardiology, University Hospital, Newark, NJ
Faculty Contract, W. Cary Edward School of Nursing, Thomas Edison State College, Trenton, NJ

Acamma Kallel, MSN, APRN, APN-C, CCRN (HOUSTON)
Advance Practice Nurse/ TAVR Coordinator CT surgery
Michael E Debakey VA Medical center , Houston, Texas

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Conference Registration Form (PLEASE PRINT OR TYPE)

Name (First)

Last

Academic Degree

Speciality

Affiliation (Hospital, Office, Academic institution)

Address (Home or Affiliation)

City

State

Zip

Phone

Fax

Email

Registration Fees (pre-payment is required to be officially registered) - **\$35.00 for all attendees**

Registration/ Payment Method:

Mail your completed registration form and check made payable to **NAINA to:**

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Questions? Contact us at: Acamma Kallel: accammakallel@gmail.com OR
Lydia Albuquerque: lydia170461@yahoo.com