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WHNP-BC

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ANP-C,CCRN

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Cultural

Jessy Varkey, RN

Election

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Newsletter

Suja Thomas, MS, RN

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Munira Wells, PhD. RN



NAINA NEWSLETTER

MAY 2015



President's Message

Dear Naina members, family and friends,

It is my great honor and pleasure to acknowledge and appreciate the trust you put in me to be the President of this great organization we call NAINA for the next two years (2015 and 2016). Thank you!

Someone once said "The more you learn, the more you realize how little you really know". I think this is very true with accomplishments also. As we look back and evaluate our accomplishments, the more we thought we accomplished, the more we realize how little it is in the overall scheme of things. As I reflect on our accomplishments, which are many, I realize that there is so much more to do. During the past eight years, we accomplished many things. Every team comes with such high aspiration and goals and work hard to accomplish them. But at the end of the term we realize that every goal was not accomplished as planned and accept the fact that your play is only as good as the deck of cards you were dealt with, some plays you win some you lose. We just cannot waste time dwelling on the past, but pick up and move forward to attain the unfinished goals and work on new ones to move forward.

I can proudly say that every leadership team worked hard; maybe some more than the others, but NAINA had grown and flourished. I am confident that we will grow further as a team, our voice is heard nationally and internationally now but we have to do a lot more to make it stronger and vibrant. I want to take this opportunity to acknowledge all our past Presidents for their hard work, their determination to succeed and the sacrifices they made in leading NAINA as one of the best ethnic organizations in USA.

As we move forward, let us renew our pledge to make NAINA the official voice of all professional nurses and nursing students of Indian origin and heritage in America. Let us add chapters in areas our nurses are working by highlighting the mutual benefits we share by participating in NAINA activities. I believe every Indian nurse has a responsibility to promote NAINA so our presence will be established well in this country. There are hundreds of highly qualified outstanding nurses among us now and slowly we are moving up the ladder and being called upon to perform in public arena. We need to be proud of our nurses, use them, invite them, recommend them and above all acknowledge their contributions to the profession and community. Organization like NAINA gives us the perfect platform to develop leaders, to network and to publish the difference we are making to our patients and to our community.

This years' nurses week theme "Ethical practice, Quality Care" resonate the very core and essence of professional nursing across the world. As we are going to celebrate the nurses' week, let us also reflect our own contributions to the society and our profession. The legacy that was left for us by that "lady with the lamp" is everlasting and written in golden letters in the history of nursing. We, the pioneers of Indian nurses in America will also leave a legacy and I hope we can leave a positive legacy for the next generation of nurses through NAINA. I invite all Indian nurses to join hands with us, the NAINA family, and together let us build a stronger and the best minority nursing organization in this country. I wish you all a happy nurses' week. Let us seek God's grace and mercy in all our future endeavors.

Sincerely,

Sara Gabriel, MSN, MBA, RN President NAINA



From The Editor's Desk

Happy Nurses week to All of you!

Thank you nurses for all you do each and every day!

Nursing is described as an art and a science which consist of dedicated professionals with varied interests, strengths and passions. Despite of the area we practice as nurses, we have a strong commitment to patient safety and quality outcome.

As you are aware National Nurses Week is celebrated annually from May 6 through May 12. The celebrations end on May 12th which is the birth day of our founder of nursing - Florence Nightingale. Let us put our hands together to respect her contributions to nursing profession.

This is a time to celebrate and recognize our nurses and their significant contributions to our nursing profession.

Nurses make positive impacts on the lives they touch and their families every day. On behalf of NAINA team, we wish you all a very happy and safe nurses week. May God strengthen each and every one of our Indian nurses and others to provide courage, compassion, integrity and caring attitude to support the family, community, nation and the world!

I would like to encourage all of you to utilize the opportunity to share your success stories individual as well as group activities through this newsletter. Please feel free to e-mail me your contributions to suja370@yahoo.com. With summer around the corner, remember to care for yourself and enjoy the great weather!

Sincerely,

Suja Thomas, MS.RN

NAINA EDITORIAL BOARD CHAIR

INDIAN AMERICAN NURSES OF NORTH TEXAS NURSES WEEK CELEBRATION

Starting from humble beginnings, Indian American Nurses Association of North Texas (IANANT) has come a long way during the past 20 years. IANANT has been recognized as the one and only Indian nurses' association which brought Nurses of Indian origin in North Texas under one umbrella and regularly organizes a variety of services such as continuing Education events, nursing student scholarships, promoting nursing education and more.

IANANT celebrated its 20th Anniversary and nurse's week with a grand public meeting and banquet on May 2, 2015. In spite of various community events and cultural programs that were going on in various parts of the city at the same time, the attendance to IANANT banquet was overwhelming.



The attendees gathered at Atrium Hotel paintbrush hall for social hour at 5.30 pm enjoying the lavish array of refreshments. The meeting started at 6 pm with welcome and presidential remarks by Chapter President, Mr. Haridas Thankappan. Mrs. Sara Gabriel was the chief guest of the function who lighted the traditional lamp with assistance from Mrs. Mary Abraham, IANANT founding President and Haridas Thankappan. Mrs. Gabriel congratulated the chapter members for their energy and enthusiasm in organizing such a grand event. The President of Kerala Association of Dallas, Mr. Babu Mathew extended a felicitation speech and applauded the contributions from nursing profession to the Indian Americans especially the Malayalee community. Following IANANT's path, Kerala Association has also started a nurse recognition day celebration in the organization from this year. He announced that NAINA Vice president Mrs. Jackie Michael and IANANT Former President, Alice Mathew will be the main speakers at this event.



All nurses, nursing students, founding members and retired nurses were recognized. The nurses, who have won honors such as DFW Great 100 Nurses award, Daisy award, community service etc. in the past three years were recognized with plaques by Ms. Jacky Oppolo, Director of Nursing Education in Parkland Hospital. Mrs. Sara Gabriel was recognized for her leadership and guidance as the National President as well.



"Nightingale today" the 20th anniversary souvenir was released by chief guest at the function and also 500 dollars were offered to NAINA's fund raising for Nepal relief efforts. Mrs. Aley Idicula and Mrs. Elsa Pulinhitta handled the door prizes. Mrs. Alice Mathew presented the history of IANANT using a slide show. There were various cultural programs such as dances and songs which added beauty to this evening which ended with a grand buffet with delicious Indian cuisine. Mrs. Maria Thomas, Vice President and Editor, Priya Mathew, Cultural Program Director and Annie Thankachan, Secretary were the MCs of various segments of the event. The event was tremendously appreciated by all attendees as an outstanding, well organized professional event that raised the image of Indian Nurses in Dallas. Thanks to all who made this possible.

Report by Haridas Thankappan, RN, BSN, MBA, CNN, President, IANANT

Community Organization recognizes Nurses in Dallas



GROUP PICTURE WITH KAD COMMITTEE ON THEIR RECOGNITION EVENT

Kerala Association of Dallas and India Cultural and Education Center in Garland Texas celebrated May 9, 2015 as Nurse's Appreciation Day for the first time in their 40 year history. This was greatly applauded by the nurses in the Kerala Community . NAINA Vice President, Mrs. Jackie Michael was the chief guest of this function. Alice Mathew, Past IANANT President gave a presentation of Nurse's week theme of the year and enlightened the audience on ethical considerations in the practice. Haridas thankappan, IANANT President gave a felicitation speech and congratulated all nurses and their families. All nurses, nursing students, founding members and retired nurses were recognized. The nurses, who have won DFW Great 100 Nurses award from Kerala community were recognized with plaques. The day concluded with a scrumptious Kerala style lunch for all at 12.30 PM.



Indian American Nurses Association-North Carolina (IANA-NC) : Indian Nurses in the state of “First in Nursing”

Letha M Joseph, MSN,RN,AGPCNP-BC, President IANA-NC

History of Indian nurses in the ‘Tar-heel’ state goes to the beginning of this millennium; however, it was 2010 when a group of professionally motivated nurses joined hands and decided to have a common platform for their professional activities. The result was IANA-NC. As an organization in its early years of development, IANA-NC has its own challenges. But IANA-NC has members who are very active in other national and state nurses associations. Their involvement and leadership in mainstream professional activities accelerate the momentum of our chapter and opens new dimensions of collaboration. We have a highly motivated group of nursing professionals in North Carolina. Our members function at different roles and at various capabilities.

Majority of our nurses have completed BSN program and many nurses are enrolled in masters programs. We also have few nurses enrolled in doctoral programs. As IANA-NC has started its 3rd term, our governing board is ready to lead. The governing board formulated its strategic goals and is moving forward to achieve them. IANA-NC activities will provide opportunities for professional enrichment for the nurses and nursing students of Indian origin. Additionally there are community outreach activities which will focus on health promotion and disease prevention of local community as well as our own Indian community. We expect to unite the professional nursing community of Indian origin and there by strengthen our organization. Visit our website www.iananc.org for updates.

Upcoming IANA-NC activity is a celebration of nursing in commemoration with the International nurses’ week 2015. We invite NAINA and state chapters to join us.

In this early stage of growth, IANA-NC leadership looks forward to NAINA leadership and other state chapters for their guidance, mentoring and support. Together we can move forward to embrace the future of nursing.

IANA- NC Governing Board 2015-16



1st row: Letha Joseph, Usha Koshy, Sheela Sajan, Stella Lobo, Rosely Sabu,

2nd row: Beena Jacob ,Jansy Sunny, Jyotsna Jadhav, Nancy Dias, Aleyamma Thomas

Work Smart or Work Hard?

BY Lilly Anickat BSN, RN, CCRN

Working as a nurse is a very challenging and demanding job, especially in today's rapidly evolving health care environment. In a busy day, nurses often feel that 12 hour shift is 'not enough' to complete all the tasks that they entitle to do; some nurses may even feel that the day is 'too long'. How can we thrive in such a fast-evolving hospital environment without getting stressed out or burned out? How can we enjoy the rewards, the satisfaction, and the fulfillment that nursing job brings? What is your answer, work hard or work smart? Following are few strategies that can help you to work smart in a hectic day:

1. Make a plan for the day and set your goals – This may help you to direct your action and take control over the activities of the day. This is your benchmark to determine if you are successful in accomplishing your goals or not at the end of the day.
2. Prioritize your work – Write all your tasks and find which one needs immediate attention.
3. Avoid and/or minimize distractions - such as answering cell phone calls, joining with other's conversations unnecessarily, etc. But engage in social interactions when you have free time.
4. Organize your work - such as making sure to gather all supplies before starting a procedure; try to complete the work before starting another one, etc.
5. Make rearrangements as needed – such as arrange your break early or late if necessary but make sure to take time for breaks instead of pushing yourself to go without any breaks. Ask someone to cover for you during your break. You may need to minimize your break time to finish up some tasks that need immediate attention or if patient is too unstable.
6. Utilize your resources wisely and appropriately – Instead of doing every task by yourself, direct certain tasks such as blood sugar checks, baths, feeding, ordering supplies, etc. to the PCA. Ask the help of resource nurses as needed and whenever appropriate, consult social worker, chaplain, pharmacist, ethics, palliative care services, etc.
7. Maintain interaction with others – Engage in meaningful and constructive interactions with your colleagues.
8. Ask for help – Don't hesitate to seek for help of your coworkers if you can't handle the work load or if you are not familiar with a task.
9. Make yourself available and visible – Make yourself available to help others whenever you have free time, and make sure to participate in the unit activities.
10. Seek for learning opportunities – Try to find out what is going on in the unit and use the opportunities wisely and find time to attend new procedures, inservices, meetings, seminars, etc.

NAINA PART OF CGFNS: A Journey to the right direction

*Sara Gabriel, MSN, MBA, RN
President, NAINA 2015-16*

Naina became a part of CGFNS through Alliance for ethical international recruitment of foreign educated health care professionals to America, a non- profit organization based in Washington D.C. Alliance was created through a research grant from Mac Arthur foundation to study the unethical recruitment practices of the migrant healthcare workers in US. From its inception eight years ago to present, NAINA was part of Alliance, participated actively and provided valuable insight of Indian Nurses education/ practices, as well as issues and problems our nurses experienced with many of the recruitment agencies as they were seeking assistance to migrate to United states. Alliance created standards for ethical recruitment practices (The CODE) which is an accepted standard of practices for ethical recruitment and NAINA President Sara Gabriel is one of the authors of this highly respected and accepted standard. With our contribution to Alliance, NAINA earned a permanent Board seat in Alliance organization. With retrogression and immigration problems, recruitment of nurses from foreign countries almost came to a standstill and Alliance focused on more diverse

Members of Alliance Board with CGFNS Board



NAINA President Sara Gabriel (seated 2nd right) with Alliance Executive Director Dr. Patricia Pittman (third seated) with CGFNS CEO Dr. Franklin Shaffer (standing middle) and Alliance Board and staff members at the first combined meeting at the CGFNS headquarters in Philadelphia.

group of professional recruitment and other opportunities. Eventually at the end of last year Alliance was dissolved and merged with CGFNS international Inc. as an independent division known as CGFNS Alliance. CGFNS had been providing services globally to evaluate credentials, verify and promote practice based competencies for foreign educated healthcare professionals and the merger of these two organizations was a perfect match for the continued success of Alliance.

Indian nurses are the second largest foreign educated nurses in United States. CGFNS was part of the Alliance from the beginning and recognized the importance of Indian Nurses as a group in US and the valuable contributions we provided for Alliance throughout and offered NAINA a seat at the newly created independent division of CGFNS Alliance Board. This is a great milestone for NAINA that every Indian nurse in this country and everywhere can be proud of. It was also a great moment for NAINA that one of our members – Lila Mathew, President of Philadelphia Indian nurses chapter- was a speaker along with three other distinguished speakers for the first major news release event where the new CGFNS Alliance Division was launched nationally and internationally.

Dr. Franklin Shaffer, current CEO of CGFNS promised to keep Indian Nurses in the forefront as they continue to work to standardize international curriculum for nursing schools and other future programs. NAINA members provided many valuable services for Alliance in the past and I am confident that we will be an asset for CGFNS and we will benefit from them as well. These accomplishments might appear small, but these are big steps for NAINA as we try to be seen and heard nationally and internationally. I appeal all Indian nurses to take pride in our profession, our collective strength, our contributions and commit to increase our visibility. Be a member of NAINA and become the voice of Indian Nurses in US and in the global healthcare market place.



AMERICAN ASSOCIATION OF INDIAN NURSES OF AMERICA NEW JERSEY CHAPTER 2

AAIN NJ2 started the year with our first General Body meeting in January (See attached photo). This meeting was not all fun and food, although there was plenty of that. Our new executive board was sworn in and new committee chairpersons determined. A schedule of activities for the year was discussed.

Two upcoming events on our calendar are:

- The Annual Nurses Week/Mother's day dinner and CEU event on May 15th: A celebration of nurses and motherhood for all our members.
- Novel initiatives in nursing education, practice and administration on June 13th: An educational seminar (CEU approval pending) featuring guest speakers and panelists discussing a variety of topics for all nurses. Please save the date to enjoy an educational and social networking opportunity provided at a nominal cost.

In addition, we are excited to report that two of our members Thangamani Aravindhan and Varsha Singh will kick off NAINA community education initiatives with a plan for stroke prevention in the community.

We look forward to a productive year for AAIN-NJ2 and NAINA!

Happy Nurses' Week to All.

Submitted by Munira Wells, PhD. RN



INDIAN NURSES ASSOCIATION OF ILLINOIS



Mercy Kuriakose
President



Juby Vallikalam
Secretary



Mary Regina Xavier
Executive Vice President



Molly Zachariah
Vice President



Julie Thomas
Treasurer



Sofi Lukose
Bylaws



Simi Joseph
Professional Development



Agnes Matthew
Public Relations



Mary Benny
Fundraising



Anu Cyriac
Membership



Chinnamma Njaravelil
Membership



Preeti Gupta
Program Coordinator



Tintu Mathew
Program Coordinator



Ajimol Lukose
Advisory Board Chairperson



Tissy Cyriac
Advisory Board



Philominna Philip
Advisory Board

Marykutty Kuriakose
Advisory Board



Sara Gabriel
Advisory Board

Indian Nurses Association of New York, Inc. (INA-NY)
534 Maitland Street, East Meadow NY 11554

www.inany.org



Updated Activities

Mary Philip, Secretary

It is truly my pleasure to serve as Secretary of this great organization “Indian Nurses Association of New York” (INA-NY). First of all, I would like to thank the Executive Board, Advisory Board, committee members and all the INA-NY members, for the trust in me and giving me an opportunity to serve as the Secretary of INA-NY for the year 2015-2016. At this time I would like to acknowledge all of your valuable support and guidance. I feel proud of myself to see the increasing number of membership to our association is very encouraging every year. I believe that the success of any organization is the team effort and our association is blessed with many dedicated and hardworking professionals. When we look at all the activities of INA-NY for the past years we are actually reaching to our goals. Our mission is to provide advanced education to our Nurses of Indian origin and maintain the quality of care that we provide. Grand Canyon University is being our sponsor with tuition discounts; many of our nurses are taking advantage of education and moving up their carrier ladder. At the same time we can bring them together under one umbrella.

Activities:

Let me share some of our association’s highlights and activities

- We arrange conference call very often to plan our activities
- We conduct face to face meetings whenever possible
- This year INA-NY 10th anniversary celebration and General Body Election was conducted and installation of new office bearers was done.
- On January 31st the general body meeting was conducted, reports presented, and revised bylaws.
- Conduct Health fairs, Blood drive, CPR classes to the community
- Conduct Picnic and celebrate Onam festival with INA-NY family & friends every year.
- Help nursing students in India by donating charity fund.
- Conduct Essay competition to nursing students in USA
- Scholarship to nursing students in USA yearly.
- Nurse Excellence award to outstanding nurse from our community
- Recognition of achievement, new graduates, and also recent retirees.

All these accomplishments couldn’t have been possible without the hard work and dedication of our Governing Body members. I thank all INA-NY team from the bottom of my heart for the continuous support to our organization and expecting even more in future.



2015 Inaugural Meeting of Georgia Indian Nurses Association (GINA)



The executive members: Janet James Kasinathan-Executive Vice President, Meena Joseph - Vice President, Lilly Anickat - President, Jecy Mathew- Secretary, and Betsy Augusty-Treasurer.

Georgia Indian nurses Association (GINA) conducted its first general body meeting of 2015 on 2/22/2015 at 5690 Grove Place Crossing, Lilburn GA 30047. Almost 30 nurses were attended in the event. The meeting started with a silent prayer then Mini Jacob welcomed the members. Founder and the former President of GINA Ms. Mary Jose addressed the governing body and the general body members and thanked each member for their support during her presidency. She also shared few touching moments of GINA's history such as winning the NAINA's EVER ROLLING TROPHY, NAINA's nightingale award for Achamma Kokoth and Nurse Excellence award for Lilly Anickat. She mentioned that GINA has 135 members and the active participation in the community through various activities. She introduced and welcomed the new Executive members. Inauguration of the new term of GINA was conducted with an oath taking and lamp lighting ceremony by the new executive board. The new Executive Committee consists of President Lilly Anickat, Vice-President Meena Saju, Vice-President Janet James Kasinathan, Secretary Jecy Mathew, and Treasurer Betsy Augusty. New President of GINA 2015-2016 addressed the group and gave a brief presidential speech and requested each member's full support. Ms. Sherily Parayil gave brief report of all activities of GINA in 2013 and 2014 and handed over the secretary's documents to the upcoming secretary Jecy Mathew. Ms. Betsy Augusty who is reelected as treasurer, presented the financial report of GINA for the past years.

On behalf of all GINA members, Ms. Cicily Kanjira thanked Ms. Mary Jose for her exceptional and empowering leadership and thanked her for the great leadership. Lilly Anickat gave a power point presentation about the GINA and its 2015 activities, and encouraged everyone to support GINA by renewing their membership and bringing new members to the organization. GINA's vice president Ms. Meena Saju gave vote of thanks for the support and generosity of those who participated in the meeting. The meeting concluded with games and snacks. This meeting was a memorable event for the participants.

GINA's upcoming events:

- Health Fair in coordination with Georgia Indian Nurses Association and SAI Health Inc. on Sunday, March 15th, 2015 from 8:00 a.m. – 1:00 p.m. @ 5675 Jimmy Carter Blvd, Global Mall, Impact Conference Center, Norcross GA. 30071
- CPR Renewal class: April 19, 2015, 1-4 PM @ Holy Family Church, Loganville.GA
- Nurses Day Celebration on May 9, 2015 5-8 p.m.

More info at <http://www.thegina.org/>



Standing row from left - the person wearing kakki pants and black jacket is Mary Jose, then Mary Thomas, Rosamma Thomas, Sheena George, Shaji Suresh, Achamma Kokoth, Betsy Augusty, Meena Joseph, Lilly Anickat, Janet James Kasinathen, Jecy Mathew, Sosamma Philip, Sali Simson, Mercy Bijoy, Scicily Joseph
Sitting row from left - person wearing black jacket is Sneha, then Deepthy Varghese, Vidya Kanagaraj, Cicily Kanjira, Kunjumol Thomas, Ancy Chemmalakuzhy, Anie Mathew, Mini Jacob, Shirley Parayil, and the person sitting in the middle all the way in the front is Shaini Moonjeli.

Submitted by: Lilly Anickat

ACHIEVEMENTS CORNER

Congratulations USHA KOSHY CHERIAN



Usha Koshy Cherian, MSN, RN, CCRN, PCCN, NEA-BC was one of the two recipients of North Carolina Nurses Association (NCNA) triangle region (the region covers - UNC, Duke and some other educational institutions which makes the competition tough) research award for 2015. Usha received this award on 4/18/15 in a very special event attended by the prominent nursing professionals of North Carolina where she and her family were invited as special guests. As triangle region board member, I was fortunate to be there to witness her accepting the award. As the only other Indian nurse present at the event, I had goose bumps when she narrated her Doctoral project.

Ms. Usha Koshy Cherian graduated from CMC Vellore, in 1992 and MSN with focus on Acute Care Leadership from East Carolina University, Greenville, NC. Now Usha is enrolled in DNP program at University of North Carolina Chapel Hill and is expected to graduate in December 2015. Usha is the president elect for IANA-NC. I am proud of her and happy to have her with me in our 'leading forward' as IANA executive body.

Submitted by: Letha M Joseph, MSN, RN, AGPCNP-BC, President, IANA-NC

ACHIEVEMENTS CORNER

Congratulations ARCHANA PHILIP



On November 9th 2014, Archana Philip was inducted into the Honor Society of Nursing, Sigma Theta Tau International, Epsilon Kappa Chapter Molloy College. She is currently an enrolled in graduate studies at Molloy College. Once completed, she will be receiving a Masters in Nursing Administration with Informatics and an MBA in Healthcare. She is currently working full time as a Clinical Informatics Specialist and continue to work as an ICU nurse in order to maintain her clinical skills.

Congratulations LETHA M JOSEPH



Sarah Gabriel President NAINA has recently announced that our IANA-NC chapter President, Letha Joseph, MSN, RN, AGPCNP-BC, President, IANA-NC was awarded with UNC GradSchool Merit Assistantship for her doctoral studies for amount not less than \$47,500. 00. Congratulations Letha! This is a great achievement. We wish Letha all the best and great success in her future studies.

American Association of Indian Nurses of New Jersey (AAIN-NJ2)
www.aain-nj.org
www.nainausa.com

Theme:
Novel Initiatives in Nursing Education, Practice and Administration

Keynote Speaker



Maria Brennan, DNP, RN, CPHQ
Chief Nursing Officer
St Joseph's Regional Medical Center
Paterson, NJ

The American Association of Indian Nurses is a not-for-profit organization registered in the State of New Jersey and affiliated to the National Association of Indian Nurses of America (NAINA) a not-for-profit organization under the rules and regulations of non-profit organizations 501(c) (3) in the country of United States of America..

Speakers



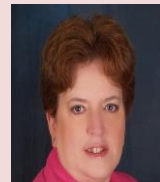
Maria Brennan
DNP, RN, CPHQ



Mary Ellen Clyne
PhD, RN, NEA-BC



Suji Thomas
MSN, MBA, RN



Judy Schmidt
MSN, RN, CCRN, ONC



Constance Sobon Sensor
PhD, RN



Barbara Chamberlain
PhD, RN, MBA



Lydia Albuquerque
MSN, RN, ACNP-BC, CCRN



Rachel Koshy
DNP, ANP, NP-C, RN



Thangamani Aravindan
MSN, RN, CCRN



Munira Wells
PhD, RN



American Association of Indian Nurses of New Jersey (AAIN-NJ2)
www.aain-nj.org
www.nainausa.com

Theme:
Novel Initiatives in Nursing Education, Practice and Administration

SATURDAY, JUNE 13th, 2015
7:30 AM TO 1.30 PM

VENUE
Islami Auditorium
St Barnabas Medical Center
94, Old Short Hills Road,
Livingston, NJ, 07039

Objectives:

1. Identify the importance of creating an environment for Innovation.
2. Describe the concepts of transformational leadership.
3. Compares and contrast leadership styles.
4. Recognize the skills necessary to care for the elderly.
4. Explain the theoretical basis of Innovation.
5. Discuss selected Innovations in Nursing Education.
6. Explore ways to make it safe to be an innovator.
7. Defines and discusses heart failure management according to the ACC guidelines.
8. Compare and contrast measures provided to reduce heart failure hospital re-admission rates
9. Discuss advanced heart failure options to improve quality of life for heart failure patients.
10. Explore strategies for shared governance at Organization level.
11. Describe the role of mentors in motivating nurses into leadership roles.
12. Discuss strategies for work place advocacy at State and National level

Target Audience: Registered professional nurses at all levels of education, practice and student nurses.

Governing Board

Rachel Koshy, DNP, RN, NP-C
Soffy Vilson, MSN, RN, NE, LNHA
Munira Wells, PhD, RN
Sandra Emmanuel, MA, RN-BC
Violet Monis, MSN, FNP-BC, RN
Leema Mathews, MSN, APN-BC
Premilla Mendonca, MSN, RN
Merlin Mendonca, BSN, RN, CALA
Vaibhavi Macwan, BSN, RN
Lavanya Kamineni, BSN, RN
Pallavi Bhaskaralingam, BSN, RN

Advisory Board

L. Albuquerque, MSN, RN, ACNP-BC, CCRN
Thangamani Aravindan, MSN, RN, CCRN
Varsha Singh, MSN, RN, ANP-BC

Contact Hours: 4.5

Contact hours have been applied for through the New Jersey State Nurses Association, an accredited provider by the American Nurses Credentialing Center's Commission on Accreditation

Program Schedule

- 07:30 Registration/Breakfast
- 08:00 **Welcome Address**
Rachel Koshy, DNP, ANP, RN, NP-C
President, AAIN-NJ2
- 08:15 **Performance Improvement through innovation and Transformational Leadership**
Chief Nursing Officer
St Joseph's Regional Medical Center
- 09:00 **Best Practices and outcomes: Care of the Elderly**
Suji Thomas MSN, MBA, RN
St Joseph's Regional Medical Center
- 09:30 Break (Visit Vendor Exhibits)
- 09:45 **What's hot in Nursing Education?**
Barbara Chamberlain, PhD, APN, MBA
Educational Specialist, NJSNA
- 10:45 **Heart failure Management across the Continuum: Improving Care and Outcomes**
Lydia A, MSN, RN, ACNP-BC, CCRN
University Hospital, Newark, NJ
Rachel Koshy, DNP, ANP, NP-C
Saint Barnabas Medical Center
Thangamani Aravindan, MSN, RN, CCRN
Newark Beth Israel Medical Center
- 11:45 Break (Visit Vendor Exhibit)
- 12:00 **Leadership Panel-"Beyond Shared Governance: Nurses leading the way to Quality care"**
Moderator: Munira Wells, PhD, RN
Faculty, Seton Hall University
Mary Ellen Clyne, PhD, RN, NEA-BC
President, CEO, Clara Mass Medical Center
Barnabas Health care System
Constance Sobon Sensor, PhD, RN, CTN
School Health Nurse, Union County
Judy Schmidt, MSN, RN, CCRN, ONC
CEO, NJSNA
- 13:00 Concluding Remarks
Soffy Vilson, MSN, RN, NEA-BC, LNHA
Secretary, AAIN-NJ2
- 13:10 Evaluation/Lunch/ Vendor Exhibits

AAIN- NJ2

Novel initiatives in Nursing Education, Practice and Administration Conference Registration Form

Name: _____

Street: _____

City/State: _____

Zip: _____ Phone: _____

Email: _____

Employer: _____

Fee: \$25. Send completed registration form with check payable to AAIN-NJ

Mailing address: Munira Wells, 161 Ramblewood Road, Moorestown, NJ 08057.

Registration Deadline:

June 5th, 2015

Registration includes Lunch: Veg
Non Veg

AAIN NJ2 Member Yes No

Check/Money Order Enclosed Yes No

For more information Please contact:

Dr. Rachel Koshy
President , AAIN-NJ2
973-479-7147

Soffy Vilson
Secretary
848-250-5992

Email: aainjevents@yahoo.com

No refund of registration fees will be granted after

June 5th, 2015



*May all the care and kindness
you give to others
come back to warm your heart.*



Happy Nurses Day

Happy Mothers Day!

