From Surviving to Thriving: Growth, Wellbeing and Innovation

CROWNE PLAZA EDISON
2055 LINCOLN HIGHWAY, EDISON, NEW JERSEY 08817

Friday, October 7th 3:00pm-10:30pm EST
Saturday, October 8th 8:00am-4:30pm EST
Saturday, October 8th 6:30pm-10:00pm EST GALA NIGHT
CONFERENCE OVERVIEW

Purpose:
The purpose of the conference is to enhance and expand the professional growth of nurses by offering the latest in nursing science, practice, and education while providing opportunities to collaborate and network with nurse leaders and peers.

Conference Outcomes:

Conference attendees will be able to:
1. Innovate, lead, and incorporate new knowledge into their practice.
2. Perform at the edge of their competence.
3. Express Institute for Healthcare Improvement (IHI) quintuple aim.
4. Cultivate and role model diversity of thought, participation, and experience

Contact Hours
Attendees may receive up to 10.25 Contact Hours

National Association of Indian Nurses of America is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center’s Commission on Accreditation.

The National Association of Indian Nurses of America (NAINA): (i) reserves the right to modify the conference schedule without advance notice; (ii) assumes no responsibility for personal injury; (iii) hereby notifies all attendees that the registration fee does not include personal travel insurance of any kind, which is the sole responsibility of each attendee.
SPEAKERS

KEYNOTE SPEAKER
Dr. Ernest Grant

Dr. Franklin Shaffer
Dr. Vinciya Pandian
Dr. Gaurav Gupta
Dr. Leo-Felix Jurado
Dr. Judith Schmidt
Dr. Raj Kumar
Dr. Karen Cox
Dr. Margaret Ames
Ms. Deepthy Varghese
Ernest Grant, Ph.D., RN, FAAN
President, American Nurses Association

Franklin Shaffer, Ed.D., RN, FAAN, FFNMRCSCI
Chief Executive Officer, CGFNS International, Inc.

Vinciya Pandian, Ph.D., RN, MBA, CRNP, ACNP-BC, FAANP, FAAN, FFNMRCSCI
Associate Professor, Assistant Dean for Immersive Learning and Digital Innovation
John Hopkins, School of Nursing, Baltimore

Gaurav Gupta, MD, FAANS, FACS
Associate Professor and Director of Cerebrovascular and Endovascular Neurosurgery
Rutgers, RBHS, Neurological Surgery, NJ

Leo Felix Jurado, Ph.D., RN, APN, NE-BC, CNE, FAAN
Dean & Professor, College of Health Professions, Commonwealth University of Pennsylvania

Judith Schmidt, DHA, MSN, RN
Chief Executive Officer, New Jersey State Nurses Association

Brigadier Raj Kumar, MD, Ph.D., DCM, PGDM
Director Academics, KEM Hospital, Pune, India

Margaret Ames, DNP, MPA, RN, NEA-BC
Chief Nursing Officer & Vice President, Patient Care Services, Jersey City Medical Center, RWJ Barnabas Health

Karen Cox, Ph.D., RN, FACHE, FAAN
President, Chamberlain University

Deepthy Varghese, MSN, FNP-C, AGACNP-BC
Cardiology- Electrophysiology Nurse Practitioner, Northside Hospital, Georgia
## Conference Schedule: Day 1, 10/07/2022

<table>
<thead>
<tr>
<th>Time</th>
<th>Event Description</th>
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<tbody>
<tr>
<td>2:00pm-3:00pm</td>
<td>Registration/Vendor Sponsor Booth</td>
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<tr>
<td>3:00pm-3:10pm</td>
<td>Welcome/Conference Overview</td>
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<tr>
<td><strong>Accamma Kalled, MSN, APRN, ANP-C</strong>&lt;br&gt;Executive Vice President, Conference Convener, NAINA&lt;br&gt;<strong>Umamaheswari Venugopal, MSN, RN, CCRN-K</strong>&lt;br&gt;President, AAIN-NJ2, Conference Convener, Local Chapter</td>
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<tr>
<td>3:10pm-3:15pm</td>
<td>ANCC Statement/Contact Hour/Evaluation</td>
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<tr>
<td><strong>Sandra Emmanuel, MA, RN, NPD-BC</strong>&lt;br&gt;Education Committee Chair&lt;br&gt;ANCC Accredited Program Director, NAINA</td>
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<tr>
<td>3:15pm-4:00pm</td>
<td>Forging forward while fighting imposter syndrome</td>
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<tr>
<td><strong>Vinciya Pandian, Ph.D., RN, MBA, CRNP, ACNP-BC, FAANP, FAAN, FFNMRCSI</strong></td>
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<td>4:00pm-4:45pm</td>
<td>Is Time really Brain?&lt;br&gt;New Frontiers in the management of Ischemic and Hemorrhagic stroke</td>
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<td><strong>Gaurav Gupta, MD, FAANS, FACS</strong></td>
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<td>4:45pm-5:15pm</td>
<td>Landscape of COVID-19 in India</td>
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<td><strong>Brigadier Raj Kumar, MD, Ph.D., DCM, PGDMLS, MIPHA</strong></td>
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<tr>
<td>5:15pm-5:45pm</td>
<td>Recent advances in coronary disease, heart failure and arrhythmias</td>
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<tr>
<td><strong>Deepthy Varghese, MSN, FNP-C, AGACNP-BC</strong></td>
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<tr>
<td>5:45pm-9:30pm</td>
<td>Vendor Sponsor Booth</td>
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<tr>
<td>6:30pm-9:30pm</td>
<td>Networking Dinner</td>
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</table>
CONFERENCE SCHEDULE: DAY 2    10/08/2022

6:30am-8:00am: Breakfast

7:50am-8:05am: Welcome/Conference Overview

Accamma Kallel, MSN, APRN, ANP-C
Executive Vice President, Conference Convener, NAINA

Umamaheswari Venugopal, MSN, RN, CCRN-K
President, AAIN-NJ2, Conference Convener, Local

8:05am-8:10am: Opening Remarks

Lydia Albuquerque, DNP, RN, ACNP-BC, CCRN, FNAP
President, NAINA

8:10am-9:15am: Keynote Address
Nurturing the strengths in our differences: How can your nursing organization help?
Ernest Grant, Ph.D., RN, FAAN

9:15am-10:00am: Immigration Landscape and Global impact on the Nursing shortage
Franklin Shaffer, Ed.D., RN, FAAN, FFNMRC SI

10:00am-10:30am: Break/Exhibits

10:30 am-11:00 am: Resilience in Education: The intersection of Challenge and Opportunity
Leo-Felix M. Jurado, Ph.D., RN, APN, NE-BC, CNE, FAAN

11:00am-11:30am: From Frontline to the Policy table
Judith Schmidt, DHA, RN, MSN

11:30am-1200pm: Emerging from the COVID Pandemic: Approaches across the nursing workforce
Margaret Ames, DNP, MPA, RN, NEA-BC

12:00pm-12:30pm: Innovative approach to support Clinical partners
Karen Cox, Ph.D., RN, FACHE, FAAN

12:30pm-1:30pm: Lunch/ Exhibits

1:30pm-4:15pm: Breakout sessions

6:30pm-10:30pm: Gala/Awards and Scholarships Night
**BREAKOUT SESSIONS**

**ROOM 1**

**CLINICALLY FOCUSED EVIDENCE-BASED PRACTICE (EBP)**

1:30pm-2:00pm: Clinically Integrated Practice Model: An innovative interprofessional collaborative approach for the management of Gastroesophageal Reflux Disease  
Simi Joseph, Ph.D. (C), DNP, FPA-APRN, NP-C, NEA-BC

2:00pm-2:30pm: Pelvic Floor Rehabilitation in Cancer Patients  
Anumol Thomas, DNP, FNP-C, CCRN, TTS

2:30pm-3:00pm: Improving sleep during hospitalization: Innovating a workflow  
Cristen Mackwell, DNP, RN, CMSRN, NPD-BC  
Laura DeKleine Davis, BSN, RN, SCRN  
Maria Bessie Ziegenfuss, DNP, RN, NE-BC  
Mildred Kowalski, Ph.D., RN, NE-BC, CCRP  
Christina Ryan, Ph.D., DNP, RN  
Shelley Strowman, Ph.D.

3:00pm-3:15pm: Break

3:15pm-3:45pm: Specialized expertise of IOTox GI service can improve the quality of clinical care and outcomes of immune-mediated diarrhea/colitis among inpatients: A retrospective review and quality improvement project  
Alice Saji, DNP, APRN, FNP-C, Jake Jacob, MD, Andrew Kwang, MD, Yinghong Wang, MD, Ph.D., Anusha Thomas, MD

3:45pm-4:15pm: Lung screening: Who and How?  
Simi Varghese, DNP, APRN, FNP-BC

**ROOM 2**

**DIVERSITY, EQUITY, INCLUSION & BELONGING (DEIB)**

1:30pm-2:00pm: Using the Autism Healthcare Accommodations Tool to improve patient-provider interactions in adults with an autism spectrum disorder  
Munira Wells, Ph.D., RN  
Connie Kartoz, Ph.D., RN, FNP-BC  
Sara Munoz, Student nurse

2:00pm-2:30pm: The impact of social determinants of health and Type 2 Diabetes Mellitus among Asian Indians in New Jersey  
Maya E. Joseph, Ph.D., RN, CCRN-K

2:30pm -3:00pm: Impact of sunshine vitamin across the life span  
Shainy Varghese, Ph.D., APRN, CPNP, CGNC
3:00pm-3:15pm: Break

3:15pm-3:45pm: Role of nurses in violence prevention: A multicultural perspective
Uma Maheswari Venugopal, MSN, RN, CCRN-K
Munira Wells, Ph.D., RN

3:45pm-4:15pm: A randomized controlled trial to compare the efficacy of mobile app vs conventional prescription of analgesics and adjuvants’ adherence on selected variables among Cancer patients receiving palliative care at a tertiary care center.
Gopichandran Lakshmanan, Ph.D., (N), FCRMEBM (AIIMS)

**ROOM 3**

**HEALTHY WORK ENVIRONMENT (HWE)/RESEARCH**

1:30pm-2:00pm: Application of Clifton Strengths Finder: Influence on recruitment.

2:00pm-2:30pm: The impact of the patient flow nurse role in an acute care setting
Esther Devadoss, MSN, RN

2:30pm-3:00pm: Exposure to Blood Borne Pathogens: Surviving to thriving in the workplace
Solymole Kuruvilla, Ph.D., RN, MASN, ANP, ACNP-BC

3:00pm-3:15pm: Break

3:15pm-3:45pm: Direct Oral Anticoagulants: Are they living up to the expectation?
Harilal Nair, DNP, APRN, CCRN, CMC-CSC

3:45pm-4:15pm: An individually matched pair case-control study using retrospective chart review to identify the risk factors, clinical characteristics, and outcomes of adult oncology patients hospitalized with COVID-19: Pilot Study
Bilja Sajith, Ph.D., MSN, APRN, FNP-C
Sandra K. Cesario, Ph.D., RNC-OB, FAAN
Anecita Fadol, Ph.D., APRN, FAANP, FAAN
Nina M. Fredland, Ph.D., RN, FNP
Rita A. Dello Stritto, Ph.D., APRN, CNS, ENP, ACNP- BC, FAANP
**LEADERSHIP/ EDUCATION**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event Description</th>
<th>Speaker(s)</th>
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<tbody>
<tr>
<td>1:30pm-2:00pm</td>
<td>Tackling Moral Distress in Nursing: Role of nurse leaders</td>
<td>Jolly Punchamannil, DNP, RN, CMSRN, NE-BC</td>
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<tr>
<td>2:00pm-2:30pm</td>
<td>Professional Development - A path for surviving and thriving in a challenging healthcare environment</td>
<td>Viji George, MA, BSN, RN, RNC-NIC</td>
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<tr>
<td>2:30pm-3:00pm</td>
<td>Nursing students’ perspective on pain hygiene: An innovative approach to study pain</td>
<td>Anitha Saravanan, Ph.D., APRN, ANP-BC</td>
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<tr>
<td>3:00pm-3:15pm</td>
<td>Break</td>
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<tr>
<td>3:15pm-3:45pm</td>
<td>The impact of reliability rounds in creating a highly reliable culture in health care: A tale of two teams</td>
<td>Kavitha Nair, MSN, RN, OCN, NEA-BC</td>
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<tr>
<td>3:45pm-4:15pm</td>
<td>Mental Health Clinical Simulation: Therapeutic communication</td>
<td>Sujayalakshmi Devarayasamudram, Ph.D., M. Phil, RN</td>
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<td>Tina Scott, MSN, RN, CHSE</td>
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<td>Carla Cozar, DNP, RN, ONC, PMH-BC</td>
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<td>Subha Jyothi Kukkala, DNP, RN</td>
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<td>Yolanda M. VanReil, Ph.D., RN, MEDSURG-BC, OCN, CNE, Gail Pruett, MSN, RN</td>
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</tbody>
</table>
NAINA CONFERENCE PLANNING COMMITTEE

CONFERENCE CHAIR PERSON
Lydia Albuquerque, DNP, RN, ACNP-BC, CCRN, FNAP

CONFERENCE CONVENERS
Accamma Kallel, MSN, APRN, ANP-C, (NAINA)
Umamaheswari Venugopan, MSN, RN, CCRN-K (AAIN-NJ2)

NURSE PLANNERS
Sandra Emmanuel, MA, RN, NPD-BC
Maya Joseph, Ph.D., RN, CCRN-K

COMMITTEE MEMBERS
Anna George, Ph.D., APRN, FNP-BC
Anne Luckose Ph.D., PM-ANP, APRN, NP-C
Aney Abraham DNP, RN, NE-BC
Deepthy Varghese, MSN, FNP-C, AGACNP-BC
Jackie L. Michael, Ph.D., APRN, WHNP-BC, Chair
Liffy Cherian, MSN, APRN, AGCNS-BC, OCN
Missam Merchant, MBA, BSN, RN, CCRN, PCCN, CV-BC, GERU-BC, MEDSURG-BC, NE-BC, CENP
Nargita Arora, MSN-Ed, RN
Omana Simon, DNP, FNP
Pressanna, Parackal, DNP, RN, RN-BC, CCRN, CNRN, CRRN
Renee John MSN, RN, OCN
Santhosh Sunny MSN, RN, CEN
Sujayanalakshmi Devarayasamudram, Ph.D., RN, ACUE
Sara Gabriel, MSN, MBA, RN
Solymole Kuruvilla, Ph.D., RN, ANP, ACNP-BC
Suja Thomas, MSN.Ed., RN, CWOCN
Tara Shajan, MSN, MBA, RN, PMHN-BC
Vidhya Kanagaraj, MSN, RN
Vijaya Ramakrishnan, DNP, RN, CMSRN, CBN
AAIN-NJ2 CONFERENCE PLANNING COMMITTEE

Umamaheswari Venugopal, MSN, RN, CCRN-K
Molly Jacob, MSN, ANP-C, CCRN
Siby Varughese MBA, MA, BSc (Hons). Nsg., RN, OCN, CCRP
Kavita Natarajan, BSN, RN
Niti PateL, BSN, RN, CCRN-K
Sandra Emmanuel, MA, RN, NPD-BC
Rachel Koshy, DNP, RN, APN-C
Varsha Singh, DNP, APN, CT-CP, NEA-BC, FAHA, FAANP
Munira Wells, Ph.D., RN
Maya E. Joseph, Ph.D., RN, CCRN-K
Marcy Kunnmparampil, MSN, RN, ANPC
Premilla Mendonca, MSN, APN-C
Smitha Paul, MSN, RN
Violet Monis, MSN, RN, FNP-BC, NP-C
Tasneem Mohammed Shah, BSN, RN
Kanan Bhatt, MSN, RN, FNP
Grace Varghese, MSN, RN, FNP-C
Rashmi Aggarwal, MSN, APN
Grace Samuel, MSN, RN, FNP-C, APN-C
NATIONAL ASSOCIATION OF INDIAN NURSES OF AMERICA (NAINA)
PO BOX 3002, NORTHLAKE, ILLINOIS 60164
WWW.NAINAUSA.ORG
nainaconference2022@gmail.com

NAINA’S 8TH BIENNIAL CONFERENCE REGISTRATION FORM

First Name: ...................................... Last Name: ..........................................................

Credentials: ............................................. Phone: .............................................................

Email: ..................................................

Gender: □ Male □ Female □ Other □ Prefer not to answer

Age Group: □ 18-23 □ 26-35 □ 36-45 □ 46-55

□ 56-63 □ 66 & Above □ Prefer not to answer

Job Title: ..........................................................................................................................

Employer / Company: ........................................................................................................

Address: ........................................... City: .............................................. State: .......... Zip: ........

Emergency Contact Name: .......................................................... Phone: ..................................

MEMBERSHIP INFORMATION

Are you a Virtual or Chapter Member of NAINA? □ Yes □ No

Chapter Name: ..............................................................................................................

Dietary Preference: □ Veg □ Non Veg □ Vegan
# NAINA’S 8th BIENNIAL CONFERENCE REGISTRATION FORM

## Registration Fee

<table>
<thead>
<tr>
<th>Category</th>
<th>Early Bird until August 15th</th>
<th>After August 15th</th>
<th>(NAINA retired Nurse, membership in NAINA chapter required)</th>
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<tr>
<td>NAINA MEMBER</td>
<td>Friday &amp; Saturday</td>
<td>$275</td>
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<td>Early Bird until August 15th</td>
<td>(including networking night &amp; Gala Night)</td>
<td>$250</td>
<td>(including networking night &amp; Gala Night)</td>
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<td>Saturday only (including Gala Night)</td>
<td>$225</td>
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<td>After August 15th</td>
<td>Friday &amp; Saturday (including networking night &amp; Gala Night)</td>
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<td>Friday &amp; Saturday (including networking night &amp; Gala Night)</td>
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<td>(NAINA retired Nurse, membership in NAINA chapter required)</td>
<td>Friday &amp; Saturday (including networking night &amp; Gala Night)</td>
<td>$225</td>
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<tr>
<td>NON-MEMBER</td>
<td>Friday &amp; Saturday (including networking night &amp; Gala Night)</td>
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<td>Early Bird until August 15th</td>
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<td>After August 15th</td>
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<tr>
<td>Guest Gala Night ticket</td>
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<td>An undergraduate Nursing student (School ID required)</td>
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<td>Gala Night Ticket</td>
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Online Registration and Payment options are available at [www.nainausa.org](http://www.nainausa.org)

For check payment, please complete this form and make the check payable to "NAINA"

Mail to: Tara Shajan, 57 McKinley Avenue, New York, 11507

For questions, email us at: nainaconference2022@gmail.com

No refund after August 1st, 2022, before August 1st $50 will be charged for an administrative fee per registrant including a gala ticket.
CROWNE PLAZA
AN IHG HOTEL

LOCATION & ARRIVAL INFORMATION

CROWNE PLAZA EDISON
2055 Lincoln Highway, Edison,
New Jersey 08817
United States
732 287 3500

NAINA'S 8TH BIENNIAL CONFERENCE 2022